

SASH

SUPPORT & SERVICES

— at HOME —

a caring partnership

SASH Peer to Peer Exchange

September 2, 2011

Profile of Heineberg Residents



- 85% over 70; 40% over 85
- 49% used ER in past year
- 54% take 6 or more prescription meds
- 61% fallen in past year
- 32% self-reported mental health concerns
- 59% use a cane or walker
- 49% failed 2-3 components of a cognitive screen

What is SASH?



- A caring partnership brought together to help people remain in their homes.
- The partnership connects the health and long-term care systems to nonprofit affordable housing providers.



What are the Essential Elements?



- Person-centered – Population based
- SASH Staff
- Team Based Care Management
- Information Sharing through Technology
- Prevention and Wellness through Healthy Living Planning
- Volunteers

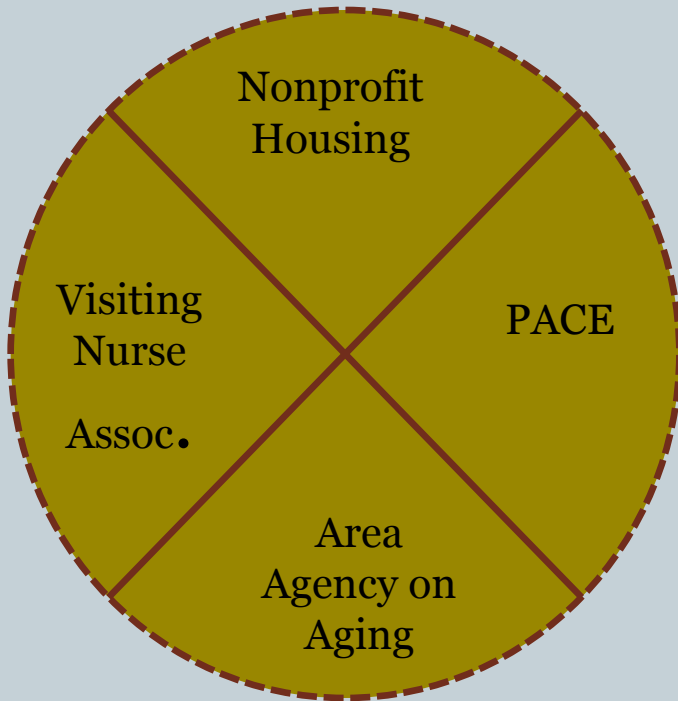
Participants



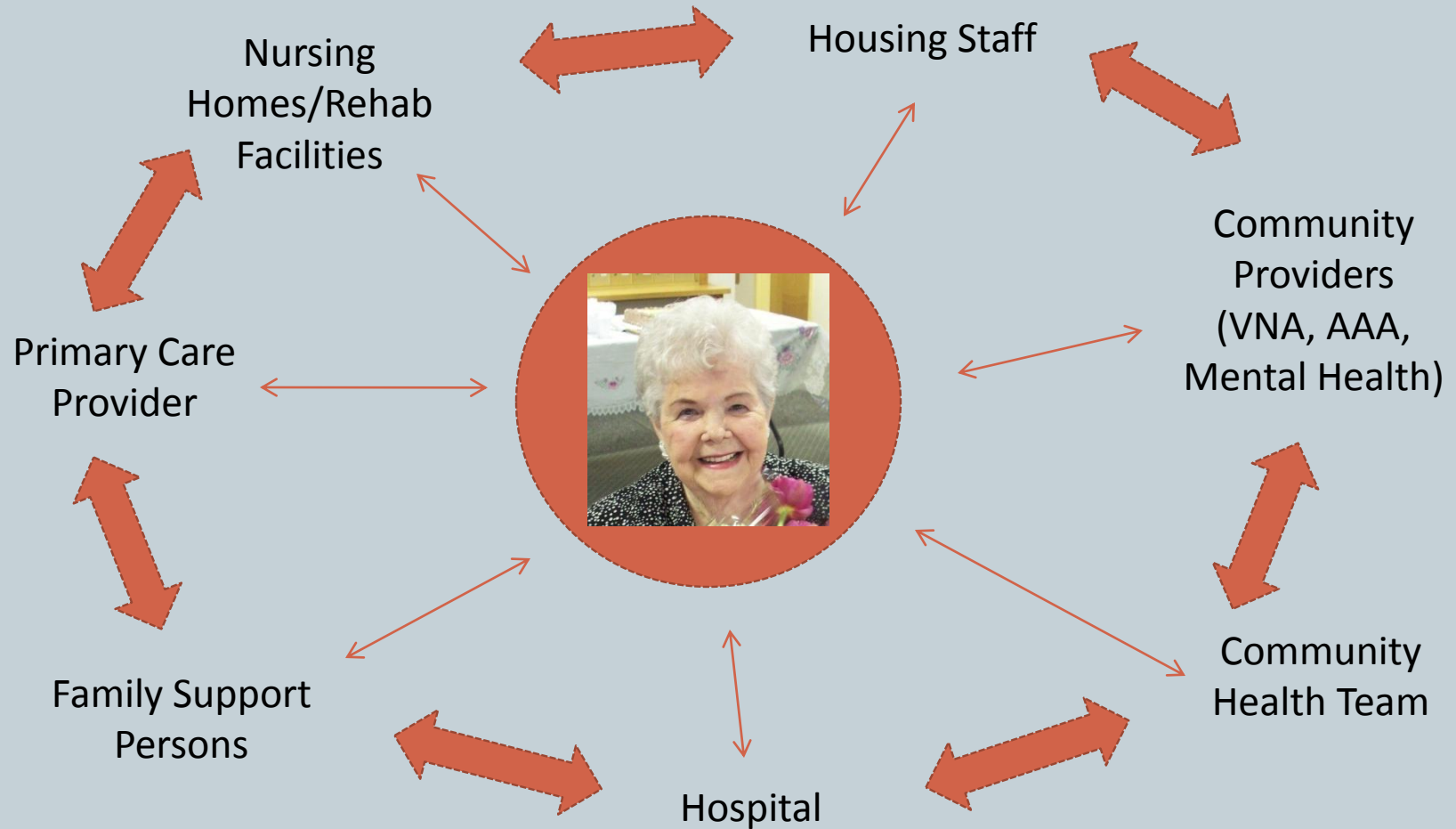
SASH Staff = Trusted Guides



Team Based Care Management



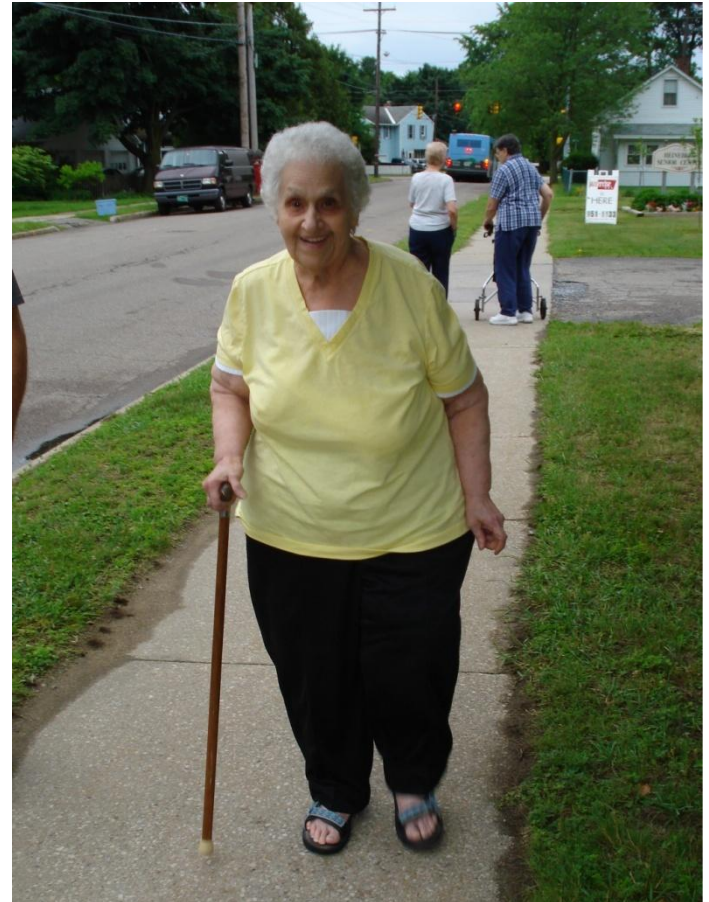
Information Sharing



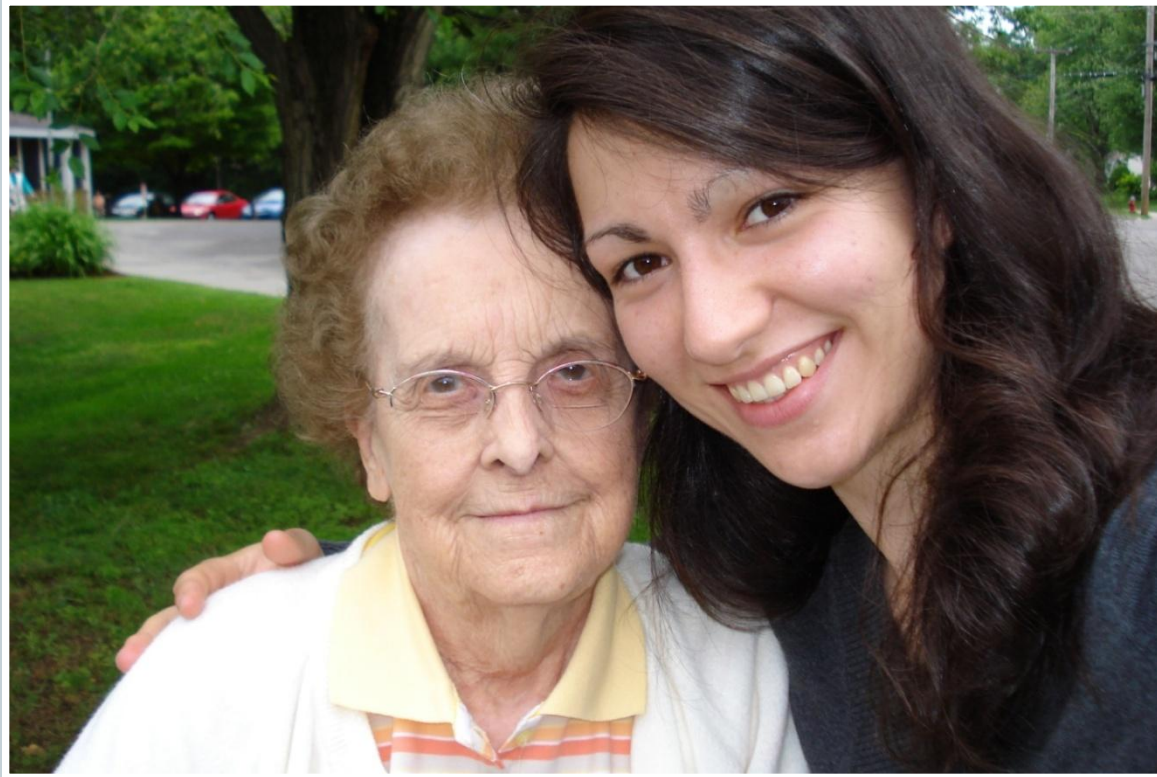
Healthy Living Planning and Support



Eat Better Move More Program



Volunteers



What Does SASH Provide?



- Comprehensive Assessment
- Person Centered Healthy Aging Planning
- Informed Team to Help in a Crisis
- Transitions Support back Home
- Proven Practices through the CHAP
- Regular Check Ins
- Coaching
- Wellness Nurse Supports
- Link with CHT and Medical Home

SASH Manual



- **Modules Developed on the following topics:**
- Glossary of Terms
- Preparing to be a SASH Hub
- SASH Start-up- Step by Step
- Engaging and Informing about SASH
- Enrolling Participants
- Information Gathering
- Privacy and Confidentiality
- SASH Team- Roles and Responsibilities

Templates and Tools for Implementation



- Job Descriptions
- HAP, CHAP
- Action Plan
- Assessment
- Wellness Record
- SASH Team Meeting Protocols
- Participant Review Sheet
- Risk Analysis Criteria

Tools and Resources, con't



- SASH Flash
- Nurse Delegation Procedure
- Medication Assistance Procedure
- Records and Documentation Procedure
- Communication Tools- Acute Episodes log, Progress Notes, etc.
- Discharge Communication Protocols
- Enrollment Documents
- Contract templates