## AGING IN PLACE WITH PETS PROGRAM A Caring Partnership Between Cathedral Square, Support and Services at Home (SASH), and the Center on Aging at the University of Vermont

"This program makes an immeasurable difference in my life. It provides me with the support that both my cat and I need for the quality of life that we both deserve. I would highly recommend that other Cathedral Square residents (and SASH participants) <u>actively</u> take part in this program in pursuit and fulfillment of both their health and well-being and that of their pets who cannot advocate for themselves." **MARJORIE, Grand Way Commons resident** 

This program was created and is directed by Dr. Blake Randell who is an occupational therapist that uniquely applies his extensive knowledge and expertise on a variety of physical, cognitive, and mental health conditions to the **instrumental activity of daily living (IADL) of the care of pets**. He and his interns collaborate with you to promote your safety, independence, and effectiveness in this IADL by providing a wide array of services that are tailored to you and your pets' specific needs.





"I have two pets, my dog Harry and my cat Pearl, who both provide me with the comfort that I need to help me relax at home. Harry has a lot of energy! He and I love when interns take him on long walks. I am grateful for this service and other services that are available through this program at my independent living community."

CHERYL, Grand Way Commons resident

Contact the SASH coordinator, wellness nurse, or housing manager at your independent or assisted living community to be referred to this program.

**Cathedral Square** Advancing Healthy Homes, Caring Communities & Positive Aging since 1977



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