

TO: Family/Friends/Visitors of Cathedral Square Assisted Living and Memory Care at Allen Brook Residents

RE: Coronavirus/COVID-19 Update

Date: March 26, 2020

There has been some significant changes to our state, country and world in the last several weeks that have direct impacts on our community. While we are deeply saddened by the recent developments at our neighboring facilities who have confirmed coronavirus/COVID-19 in their communities, we are very grateful to report that we continue to remain free of symptoms of coronavirus/COVID-19 among residents and staff. We hope that all of you are taking care of yourselves and practicing good social distancing!

I can't emphasize enough how your respect for the request to keep distance from your family members and loved ones living at Cathedral Square has made things much easier for us. We truly believe that it has allowed us to maintain the controlled environment that is keeping our residents safe. Thank you!

At this time we are continuing to:

- prohibit all visitors to the Assisted Living communities with the exception of all essential staff, which includes Hospice and Wound Care services.
- ask family/support to call before dropping off supplies at the entrance across from St. Paul's Church and give it to the Assisted Living staff to be delivered. Under the Governor's Stay at Home Order, "obtaining essential home supplies related to health and sanitation" is considered an essential service.
- enforce that all residents remain in their apartments. Understandably, this has been very difficult on our residents. We continue to explain the importance of this, especially now while we hope that the virus is not in our community. ***When you speak to your loved one, please encourage them to stay in their apartment, as challenging and frustrating as that may be for them, it is by far the safest place.***
- check vital signs of every resident daily and taking their temperature and oxygen level twice per day.

To mitigate the possibility of staff bringing the virus into our community, we are:

- requiring all staff to wear masks through their entire shift. These are fabric and/or surgical masks that do not protect someone from getting the virus, but reports have shown that if a person with the virus wears one, it can help protect the people around them. We do have eye protection glasses, face shields, gowns and a small number of N95 masks that we will use in the event that a resident is confirmed with coronavirus/COVID-19.
- requiring Frankie and Rocky, our resident therapy dogs, to follow the Governor's orders to stay at home. While we feel they provide essential services, there is some uncertainty around whether pet hair can carry the virus so we think it is best for them to stay home.
- taking the temperature of every staff member in every department, hospice worker and wound care nurse as soon as they come into the building. Anyone with a temperature or symptoms of concern will be asked to leave and contact their doctor immediately. This will likely increase to every four hours once we receive more thermometer probe covers.
- continuing to require that staff shower and change into clean clothes before coming to work. If they are coming to work from another place, we are asking that they bring a change of clothing and shower in our community prior to coming on shift.

In the event that a resident or staff member shows any signs or symptoms of coronavirus/COVID-19, their doctor will be contacted and make a referral for a test, if appropriate. Should either test positive, the Department of Health and Division of Licensing and Protection will be notified and all necessary precautions to protect both residents and staff will be taken at the direction of these agencies. While we hope that this does not occur, we are preparing for this. Please pass this along to any additional family or friends and do not hesitate to reach out to us if you have questions or concerns. We wish all of you good health and happiness.